

## PSHE RSE

*To provide our pupils with the knowledge, understanding and skills that they need in order to manage their lives both now and in the future.*



Health and Well-being



Relationships



Living in the Wider World

### Intent

Our vision is that when children leave Jackfield Infant School, they will do so with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. We aim that our children will have high aspirations, a belief in themselves and to realise that anything is possible if they put their mind to it. In an ever-changing world, it is important that they are aware, to an appropriate level, of different factors which will affect their world and that they learn how to deal with these so that they have good mental health and well-being.

Our PSHE curriculum develops learning and results in the acquisition of knowledge and skills which will enable children to access the wider curriculum and prepare them to be a global citizen now and in their future roles within a global community. It promotes the spiritual, moral, cultural, mental and physical development of pupils, preparing them for the opportunities, responsibilities and experiences for later life. Our Relationships and Sex Education enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives

### Implementation

#### Powerful Knowledge

EYFS - In the Foundation Stage, PSHE and citizenship is taught as an integral part of topic work and is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from 'Development Matters in the EYFS' and the PSED Early Learning Goals.

Key Stage 1 - At Key Stage 1, PSHE is taught through a clear and comprehensive scheme of work in line with the National Curriculum. We ensure we cover the Health and Well-Being, Relationships and Living in the Wider World Learning Opportunities set out in the PSHE Association's Programme of Study, which comprehensively cover the statutory Health Education and Relationships Education guidance.

Pupils are taught PSHE through a range of opportunities such as discrete PSHE/RSE sessions, circle time, assemblies, role play, stories, celebrations, events, visits and day to day interactions with others. We use a variety of resources to support teaching and learning such as 1decision, NSPCC pants and Speak out, Stay safe.

PSHE is taught through progressive themes within each year group that can be linked to cross curricular topics:

Relationships – families and friendships, safe relationships, respecting ourselves and others. Living in the Wider World – belonging to a community, media literacy and digital resilience, money and work.

Health and Well-being – physical health and mental wellbeing, growing and changing and keeping safe.

It also identifies links to British Values, and SMSC and is taught in such a way as to reflect the overall aims, values, and ethos of the school.

### Excellence for All

We believe that focusing on developing a 'Growth Mindset' in our children will help them to build resilience, independence and confidence; embrace challenge; foster a love of learning; and increase their level of happiness. We do this through the language we use in class, praising children for their efforts, and using language to encourage children to change their way of thinking. This supports both our school and PSHE aims and values, and we focus on Growth Mindsets in all aspects of school life. We also complete Boxall assessments to identify needs of individual pupils.

### Literacy

The pupils are taught to use basic subject-specific vocabulary. They are taught to raise questions and begin to articulate their own views in response to the material they learn about and in response to questions about their ideas. We use story and 'Love to Learn' sessions to enhance teaching of key concepts.

### Wider world

- PSHE, including SMSC and BV, is an integral part of the whole school curriculum, and is therefore often taught within another subject area.
- Visitors such as emergency services and the school nurse complement our PSHE curriculum to offer additional learning.
- We encourage our pupils to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.
- Assemblies are linked to RE, PSHE, British Values and SMSC and cover any additional sessions that would benefit the whole school.
- PSHE, BV and SMSC displays throughout school reinforce the PSHE curriculum enabling children to make links.

## Impact

Our PSHE curriculum is high quality and carefully constructed to build upon prior knowledge and the skills, so children can remember more, learn more and do more.

We measure the impact of our curriculum through the following methods:

- Pupils ability to follow our behavior policy and understand our school values, articulating what these mean.
- Observations, discussion, questioning and group participation will demonstrate pupil's knowledge and application of skills.

Children will be able to demonstrate their ability to;

- Approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life.
- Be on their way to becoming healthy, open minded, respectful, socially and morally responsible and active members of society.
- Appreciate difference and diversity.
- Recognise and apply the British Values of Democracy, Tolerance, Mutual respect and Rule of law.
- Be able to understand and manage their emotions.
- Be able to look after their mental health and well-being.
- Be able to develop positive, healthy relationships with their peers.
- Understand the physical aspects involved in RSE at an age appropriate level.
- Have respect for themselves and others.
- Have a positive self-esteem.